



# 31<sup>st</sup> Annual Palmyra Junior Wrestling Holiday & Girls Tournament



Sunday, December 8, 2019

Palmyra High School, 4<sup>th</sup> Street and Delaware Avenue, Palmyra, NJ 08065

\*Double Elimination\* \*Qualifier for Ohio Tournament of Champions\*

## Weigh-ins \*\*NEW LOCATION\*\* Weigh-ins

Saturday, December 7<sup>th</sup> from 4:00pm to 6:00pm at Palmyra High School, 4<sup>th</sup> St. and Delaware Ave, Palmyra

Sunday, December 8<sup>th</sup> at Palmyra High School - Pre-Registered **ONLY** and you must make weight:

7:00am to 8:00am: Tots and Bantams 11:00am to noon: Midgets, Juniors, Intermediates, Girls

**Admission:** Adults & Coaches: \$5.00. Seniors & Children: \$3.00

**Start Times:** 9:00AM: Tots, Bantams 1:00PM: All Girls brackets, Midgets, Juniors, Intermediates

**Awards:** Trophies for top three finishers

**Entry Fee:** \$25 per wrestler if pre-registered by Wednesday, December 4<sup>th</sup>, 2019. Walk-ins \$30 (Saturday night only)

**Registration will be capped at 300 wrestlers, so register early!**

**Hot Food, snacks, t-shirts, and equipment all day!**

**Rules:** 1. **Blind Seeding / Double Elimination**

2. Certified officials/Scholastic rules. No high school wrestlers.

3. Times: 1-1-1 for Tot, Bantam, Midget, Junior. 1-1.5-1.5 for Intermediate. **Head Gear & Singlet required.**

4. Birth certificate upon request for all challenges (must present birth certificate to challenge)

5. You may enter more than one division but not more than one weight class in the same division.

6. Director can combine weight classes/ages to create more competitive brackets, **including moving girls into boys' divisions.**

7. We will announce **limited** satellite weigh-in locations in the fall. Please contact us for locations.

8. Madison system for Tots and Girls

9. There will be a **.4 weight allowance** for clothing/singlet at weigh ins.

### **Weight Classes:**

<u>Divisions</u>	<u>Birth Dates</u>	<u>Weight classes</u>
Girls	2005-2014	Madison System
Tot	2013-2014	Madison System
Bantam	2011-2012	40-45-50-55-60-65-72-80-90-HWT
Midget	2009-2010	48-52-56-60-64-68-72-76-80-85-92-100-115-130-HWT
Junior	2007-2008	56-60-64-68-72-76-80-85-90-95-100-110-125-140-160-HWT
Intermediate	2005-2006	68-72-76-80-84-88-92-96-100-105-110-115-120-126-133-140-150-160-175-HWT

Complete form below (please print clearly) and mail form and check to

Palmyra Jr. Wrestling P.O.Box 314, Palmyra, NJ 08065

**Questions, on-line registration and payment options contact our Tournament Director, Cara Broadbelt, through our website [www.thewrestlingmat.com](http://www.thewrestlingmat.com)**

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NAME \_\_\_\_\_ DOB \_\_\_\_\_ ADDRESS \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE( ) \_\_\_\_\_ EMAIL \_\_\_\_\_  
 WRESTLING CLUB/TEAM \_\_\_\_\_ DIVISION \_\_\_\_\_ WEIGHT CLASS \_\_\_\_\_  
 ACTUAL WEIGHT \_\_\_\_\_ (SUNDAY WEIGH INS FOR **MADISON SYSTEM ONLY** MUST BE WITHIN 1.5 LBS OF  
 ACTUAL WEIGHT LISTED ON THIS FORM OR YOU DO NOT WRESTLE AND WILL NOT RECEIVE A REFUND. ALL OTHER  
 SUNDAY WEIGH INS MUST MAKE THE WEIGHT FOR THE WEIGHT CLASS CHOSEN ON THIS FORM)

I hereby give this child permission to wrestle in the 2019 Palmyra Junior Wrestling Holiday Tournament and release All sponsoring bodies, officials, committee, and referees from all liability.

Parent/Guardian: \_\_\_\_\_ DATE: \_\_\_\_\_

**Sunday weigh-ins for PRE-REGISTERED only: You must make the weight on this form, or you do not wrestle and will not receive a refund! Pre-registration ends December 4th - no exceptions.**